

A photograph of several sailboats with red and white sails docked at a wooden pier. People are visible on the pier and on the boats. The water is calm and the sky is clear.

SAILORS FOR THE SEA CLEAN REGATTA AT ESC EMSWORTH JUNIOR REGATTA 2025

On Saturday 13 June 2025, Emsworth Sailing Club hosted the Emsworth Junior Regatta, welcoming 36 young sailors competing in 28 boats for a day of racing, fun and friendship in Chichester Harbour. Blessed with excellent weather and strong participation from sailors, families and volunteers, the event provided an enjoyable and memorable experience for all involved.

The regatta also provided an opportunity for Emsworth Sailing Club to demonstrate its commitment to environmental stewardship through participation in the Sailors for the Sea Clean Regattas programme. By implementing the programme's Best Practices, the club sought to reduce the environmental impact of the event, raise awareness of sustainable behaviours and encourage participants to help protect the marine environment.

Located within Chichester Harbour National Landscape, an internationally important area for wildlife, Emsworth Sailing Club recognises its responsibility to safeguard the waters and habitats that support both recreational boating

and the wider ecosystem. The measures outlined in this report reflect the club's commitment to delivering sailing events responsibly while helping to preserve the harbour for future generations.

About Emsworth Sailing Club

Founded in 1919, Emsworth Sailing Club is a volunteer-led sailing and watersports club, located on the northern shore of Chichester Harbour in Hampshire. For more than a century, the club has provided opportunities for people of all ages and abilities to participate in sailing and other water-based activities while fostering a strong connection with the harbour and coastal environment.

“

As a club at the heart of Chichester Harbour, we know we have a responsibility to protect the waters we sail on. Clean Regattas has given us a brilliant framework to turn that responsibility into action – and we were especially proud to bring that commitment to life at our Junior Regatta, inspiring the next generation to care for the harbour as much as they enjoy it.

Craig Summers
Commodore
Emsworth SC



Today, the club supports a wide range of activities including dinghy racing, cruising, rowing, paddleboarding, kayaking and swimming. Youth development forms a key part of the club's mission, with an active programme of training and racing that encourages lifelong participation in watersports and promotes environmental awareness from an early age.

With 1,691 members including 332 junior members, many of whom reside within the local area, the club plays an important role in the community.

Through the dedication of its volunteers and members, Emsworth Sailing Club continues to promote safe, inclusive and environmentally responsible participation in watersports, while helping to protect Chichester Harbour for future generations.

“

Environmental sustainability is not a single project or event. It is an ongoing commitment to making better decisions, reducing our impact and helping others understand the important role they can play in protecting Chichester Harbour and the wider marine environment.

Caroline Fisk
Environment Lead
Emsworth SC

“

At Emsworth Sailing Club, the juniors are very passionate about protecting Chichester Harbour; working towards the Clean Regatta Accreditation for the Junior Regatta was exciting for the club and embodies the spirit of the younger generation here. The junior section are looking forward to engaging more in the accreditation future!

Ruthie Gawley
Junior Class Captain
Emsworth SC



Evidence of Compliance with the Clean Regatta 20 Best Practices

The following section outlines how Emsworth Sailing Club implemented the Sailors for the Sea Clean Regattas Best Practices during the Emsworth Junior Regatta and provides supporting evidence for each criterion.

Elimination of Single-Use Items

Best Practice 1

Eliminate Single-Use Water Bottles and Provide Water Refill Stations

Emsworth Sailing Club has actively promoted the use of reusable water bottles for a number of years. A permanent drinking water fountain is available, providing members, competitors and visitors with easy access to free drinking water throughout the day.

The refill station is clearly labelled and signposted to encourage its use and ensure that all visitors can readily identify the facility.

As part of the club's wider commitment to reducing single-use plastics, single-use plastic water bottles have not been

sold at the club since 2021. Competitors and their families were therefore encouraged to bring reusable bottles to the regatta and make use of the refill station provided.

Evidence

- Permanent water bottle refill station available on site.
- Refill station clearly labelled and accessible to members and visitors.
- Single-use plastic water bottles have not been sold at the club since 2021.
- Competitors, families and volunteers used reusable water bottles throughout the event.





Elimination of Single-Use Items (continued)

Best Practice 2 Eliminate Plastic Straws

Emsworth Sailing Club has not used plastic drinking straws since 2021 as part of its commitment to reducing single-use plastics and preventing plastic waste from entering the marine environment.

Any straws provided within the clubhouse and bar facilities are made from paper and can be disposed of responsibly after use.

This policy was in place throughout the Emsworth Junior Regatta, ensuring that competitors, families, volunteers and visitors were not provided with single-use plastic straws during the event.

Evidence

- Plastic drinking straws have not been used at the club since 2021.
- Paper straws are provided as an environmentally responsible alternative.
- No plastic straws were available or distributed during the regatta.





Elimination of Single-Use Items (continued)

Best Practice 3

Serve Food with Plastic-Free Dinnerware

Emsworth Sailing Club serves food using reusable crockery and has long avoided disposable plastic dinnerware.

Since 2021, biodegradable bamboo cutlery has occasionally been used for larger events and takeaway catering where reusable cutlery is not practical.

For the Emsworth Junior Regatta, food was served using the club's existing crockery and sustainable catering practices. In addition, hot drinks purchased from the on-site drinks machine were served in recyclable cups. Members, visitors and event participants are encouraged to bring their own reusable cups and water

bottles for use at the club, helping to reduce the need for disposable items and support the club's waste reduction objectives.

These measures support the club's commitment to reducing waste and minimising the environmental impact of catering activities.

Evidence:

- Reusable crockery and cutlery used as standard in the clubhouse.
- Biodegradable bamboo cutlery occasionally used for larger events and takeaway service since 2021.
- Recyclable cups used for hot drinks from the on-site drinks machine.
- Staff served food using reusable tableware throughout the event.





Elimination of Single-Use Items (continued)

Best Practice 4 Avoid Bags or Use Recyclable Alternatives

Emsworth Sailing Club does not provide bags at registration for events, including the Emsworth Junior Regatta, as part of its approach to reducing unnecessary single-use materials. Participants are therefore encouraged to manage and transport their own equipment and personal items without reliance on disposable packaging.

Where bags are required for operational purposes, such as the occasional provision of lunches for on-water volunteers, paper bags are used as a recyclable and more environmentally responsible alternative to plastic.

This approach ensures that single-use plastic bags are avoided across both participant-facing and operational aspects of the event.

Evidence:

- No bags provided at event registration.
- No use of single-use plastic bags at any point during the regatta.
- Paper bags used only where operationally necessary (e.g. volunteer lunches).
- No distribution of plastic or branded giveaway bags.





Elimination of Single-Use Items (continued)

Best Practice 5

Award Practical Items or Use Perpetual or Upcycled Trophies

Emsworth Sailing Club prioritises the use of perpetual trophies and practical prizes to reduce waste and avoid unnecessary consumption.

For the Emsworth Junior Regatta, competitors were awarded club trophies that remain the property of the sailing club and are presented annually. Winners are able to borrow trophies for photographs, school

assemblies and celebrations before they are returned to the club for future use. This approach preserves the club's traditions while avoiding the need to purchase new trophies each year.

In addition to the perpetual trophies, prize winners received Rooster snoods. These practical items are regularly used by sailors and were supplied without single-use plastic packaging, with

only a recyclable cardboard support. Rooster was chosen as a local supplier based in Emsworth, just a few miles from the sailing club, supporting a local marine business.

The club has also moved away from conventional medals and, where additional awards are required, uses wooden medals produced from reclaimed offcuts.

Evidence:

- Annual perpetual trophies used for regatta awards.
- Trophies retained by the club and reused each year.
- Winners able to borrow trophies for photographs and school presentations before return.
- Practical Rooster snoods awarded as prizes.
- Snoods supplied without single-use plastic packaging.
- Local supplier selected from within the Emsworth community.
- Wooden medals made from reclaimed offcuts used where additional awards are required.





Community Involvement

Best Practice 6 Publicise Sustainability Efforts

Emsworth Sailing Club actively promoted its participation in the Sailors for the Sea Clean Regattas programme through both digital and on-site communications. The message 'We are proud to be a Clean Regatta' featured on the official event poster and was shared in advance through

club communication channels, including the weekly newsletter, to inform members and families of the club's sustainability goals for the event.

On the day of the Emsworth Junior Regatta, Clean Regattas posters provided by Sailors for the Sea were

displayed prominently throughout the clubhouse, including key operational areas such as registration and tally control. This ensured consistent visibility of the club's environmental commitment for all competitors, families and volunteers.

Evidence:

- Clean Regattas message included on official event poster.
- Weekly club newsletter used to communicate participation in the accreditation programme.
- Digital posters shared through club communication channels.
- Sailors for the Sea posters displayed throughout the clubhouse during the event.
- Posters positioned at key operational points including registration and tally area.
- Social Media posts following the event.



[Live link to Emsworth SC post](#)



[Live link to
Facebook post](#)



[Live link to
Instagram post](#)



Community Involvement (continued)

Best Practice 7 Involve Local Organisations

Emsworth Sailing Club invited the Final Straw Foundation to take part in the Emsworth Junior Regatta as part of its commitment to engaging local environmental organisations.

The Final Straw Foundation is a local charity based in Emsworth that works to reduce plastic and sewage pollution through beach cleans, educational programmes and partnerships aimed at protecting oceans and waterways. Their mission aligns closely with the

club's commitment to safeguarding Chichester Harbour and the wider marine environment.

Although the charity was unable to attend at short notice, the planned collaboration was maintained through active promotion of their work during the event.

Permission was obtained to use the Final Straw Foundation logo and information, which was shared on the day. Club

members highlighted the charity's activities to competitors, families and volunteers throughout the day.

A litter pick kit was provided by Final Straw Foundation and used during the regatta, supporting practical environmental action on site. In addition, club members actively promoted the work of the Final Straw Foundation throughout the event, raising awareness among competitors, families and volunteers.

Evidence:

- Invitation extended to Final Straw Foundation to participate in the regatta.
- Final Straw Foundation litter pick kit provided and used during the event.
- Active promotion of Final Straw Foundation's work by club members on site.
- Awareness raising among participants regarding local marine conservation efforts.



[Live link to Final Straw Foundation](#)





Best Practice 9

Serve Local Food or Source Seafood Sustainably

The club's Environment Lead works directly with the catering franchise to promote sustainable sourcing practices and to strengthen alignment with the club's environmental objectives. This includes ongoing discussion around reducing food miles and increasing the proportion of locally sourced ingredients.

- Seafood sourced through the local fish market.
- Meat, fruit and vegetables sourced locally where possible.
- Sustainable sourcing encouraged as part of catering franchise arrangements.
- Environment Lead actively engages with caterer on sustainability practices.

A close-up photograph of a plate of food. In the foreground, three grilled sausages are arranged horizontally. They have a dark, charred exterior and a lighter, cooked interior. Behind the sausages, there is a portion of mashed potatoes on the left and a pile of fresh green leafy vegetables, possibly basil or spinach, on the right. The plate has a white background with a blue polka-dot pattern.



Responsible Waste Management

Best Practice 10 Organise a Green Team

A Green Team was established for the Emsworth Junior Regatta, with representatives drawn from across the club, including junior members. The team was introduced during the regatta briefing and remained active throughout the event, supporting the delivery and promotion of sustainability measures.

The Green Team played a visible role on the day, engaging with competitors, families, visitors and volunteers to raise awareness of the club's environmental initiatives and encourage positive behaviours.

To avoid unnecessary consumption, existing high visibility vests owned by the club were repurposed and clearly marked as 'Green Team' rather than sourcing new branded clothing. This approach reinforced the club's commitment to reuse and minimising waste.

Evidence

- Green Team established with representation from junior and adult members.
- Introduced during the official regatta briefing.
- Active engagement with participants and visitors throughout the event.
- Repurposed high visibility vests used instead of purchasing new items.
- Visible presence across the event site promoting sustainability.





Responsible Waste Management (continued)

Best Practice 11 Ensure Proper Waste Bin Placement and Signage

Emsworth Sailing Club provides clearly labelled waste and recycling bins throughout the site, both inside the clubhouse and in external areas used by members, visitors and event participants. These bins are permanent fixtures and are in place year-round, not solely for the regatta.

Bin locations are intentionally positioned in accessible, high-traffic areas to encourage correct waste disposal and support consistent recycling behaviour. Clear signage is used to identify waste streams and reduce contamination, ensuring effective waste separation across all club activities and events.

During the Emsworth Junior Regatta, bin usage was actively monitored before and after the event. Waste generated throughout the day was minimal, consisting of one small bag of general waste and two small bags of recycling.

Evidence

- Permanent waste and recycling bins located inside the clubhouse.
- Permanent waste and recycling bins located in external areas.
- Bins in place year-round, not installed specifically for events.
- Clear signage used to identify waste streams and support recycling.
- Bin usage monitored before and after the regatta.
- One small bag of general waste collected during the event.
- Two small bags of recycling collected during the event.





Responsible Waste Management (continued)

Best Practice 12
Divert Food Waste from Landfill

Emsworth Sailing Club collaborates closely with its franchise catering provider to minimise food waste through careful portion planning and operational procedures. The caterer has extensive experience at the club and routinely reviews portion sizes to reduce surplus food while ensuring adequate provision for all participants.

For the Emsworth Junior Regatta, all junior meals were pre-ordered at registration, enabling accurate food preparation and significantly reducing the potential for overproduction and waste. The cost of £6.50 per competitor included a basket lunch and drink for all junior sailors. Any surplus food remaining at the end of service is offered to staff where appropriate, further reducing avoidable food waste.

Looking ahead, the club's House Committee is exploring options with local authority waste services to introduce formal food waste collection schemes, including potential conversion of food waste into biofuel. This initiative is planned for future implementation in 2026.

Evidence

- Portion sizes routinely reviewed by experienced catering provider.
- Pre-order system used for all junior meals at registration.
- Catering cost structure supports controlled production and reduced waste.
- Surplus food offered to staff after service.
- Investigation underway into council food waste to biofuel scheme (planned 2026).

JUNIOR REGATTA MEAL ORDER FORM - SATURDAY 13 th June 2026 12:30hrs						
NAME	CHICKEN FILLET TENDERS	LOCAL SAUSAGES	FRESH COD GOUIONS	VEGAN TENDERS	DIETARYS	PAID £6.50
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓
XXXXXXXX		✓				✓
XXXXXXXX			✓			✓
XXXXXXXX				✓		✓
XXXXXXXX				✓		✓
XXXXXXXX		✓				✓
XXXXXXXX			✓			✓
XXXXXXXX				✓		✓
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓
XXXXXXXX		✓				✓
XXXXXXXX		✓				✓
XXXXXXXX		✓				✓
XXXXXXXX				✓		✓
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓
XXXXXXXX		✓				✓
XXXXXXXX		✓				✓
XXXXXXXX				✓		✓
XXXXXXXX		✓				✓
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓
XXXXXXXX	✓					✓





Responsible Waste Management (continued)

Best Practice 13 Use Paperless Event Management

Emsworth Sailing Club has operated a paperless approach across club administration and event management wherever possible since 2021.

This includes digital distribution of Sailing Instructions, event information and routine club communications via website and email.

For the Emsworth Junior Regatta, registration was completed online and all Sailing Instructions and event documents were issued digitally in advance. Event communication, including race management updates and junior event co-ordination, was managed through club WhatsApp groups, ensuring timely and accessible communication for participants and volunteers.

Results were published on the club website within 12 hours of racing, providing prompt and accessible access to event outcomes without the need for printed materials.

Participant sign-off was completed electronically using a tablet system by junior competitors.

Evidence

- Sailing Instructions and event information issued pre-event via email.
- Online registration system used for all competitors.
- WhatsApp groups used for race management and junior event communication.
- Results published on club website within 12 hours.
- Electronic sign off completed via tablet system.
- Paperless administration approach in place since 2021 where possible.



Welcome to Emsworth Sailing Club



Information for the event

Environmental Stewardship
Emsworth Sailing Club is committed to protecting the natural environment and promoting sustainable practices throughout all club activities and are proud to be hosting a clean regatta. Our location within Chichester Harbour, one of only 46 National Landscapes in the United Kingdom, makes this commitment especially important.

For the Junior Regatta, the Club will be applying for the prestigious Sailors for the Sea Clean Regattas accreditation. We ask all competitors, club members and visitors to support this initiative and help minimise the environmental impact of the event.

Representatives from the Club will be available throughout the event to support competitors and visitors in following environmentally responsible practices. By working together, we can help protect the harbour environment and demonstrate good stewardship both on and off the water.

Participants, visitors and members are:

- Asked to respect wildlife and protect the environment within Chichester Harbour. Please keep clear of nesting birds, seals and sensitive habitat areas.
- Encouraged to walk, cycle, use public transport or car share wherever possible when travelling to Emsworth Sailing Club.
- Encouraged to minimise engine use where practical and avoid unnecessary idling within the harbour.
- Encouraged to support sustainable boating initiatives including The Green Blue Boating Pledge and the Sailors for the Sea Green Boating pledge.





Environmental Stewardship

Best Practice 14 Host a Beach Clean

As part of the Emsworth Junior Regatta, Emsworth Sailing Club organised a targeted litter pick within the club dinghy park and adjacent foreshore areas. This area was selected due to its exposure to public access along a popular harbour-side walkway, which can result in litter being deposited by passers-by as well as operational waste such as tape from rigging and equipment.

The litter pick was carried out using litter pick kits provided by the Final Straw Foundation, supporting collaboration with a local environmental organisation. In addition, Emsworth

Sailing Club maintains its own set of litter pickers available for members to use throughout the year, encouraging ongoing environmental action beyond organised events.

This activity formed part of the club's wider commitment to maintaining a clean and safe waterfront environment and protecting the sensitive coastal habitat of Chichester Harbour.

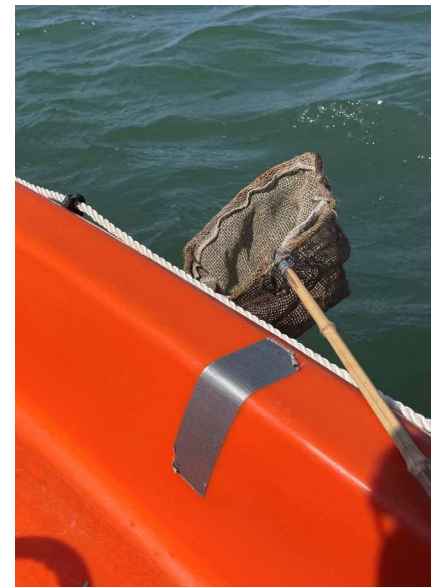
To support ongoing litter recovery, Emsworth Sailing Club has equipped its rescue boats with bamboo fishing nets that can be used throughout the

year to retrieve floating litter and items accidentally lost during sailing activities, such as water bottles, bottle caps and other debris following capsizes. This enables members and safety boat crews to remove waste from the water whenever it is encountered, helping to prevent litter entering the wider marine environment.

Together, these initiatives form part of the club's wider commitment to maintaining a clean and safe waterfront environment and protecting the sensitive coastal habitats of Chichester Harbour.

Evidence

- Litter pick carried out in dinghy park and adjacent foreshore during regatta.
- Use of litter pick kits provided by Final Straw Foundation.
- Permanent litter picking equipment available for member use year-round.
- Bamboo fishing nets carried on rescue boats to recover floating litter and lost items.
- Targeted clean-up of area affected by public walkway and sailing activity.
- Active participation by club members, competitors and volunteers.





Environmental Stewardship

Best Practice 15 Prevent Toxins from Entering the Water

Emsworth Sailing Club is committed to reducing the risk of pollutants entering Chichester Harbour through operational procedures, member education and environmental partnerships.

To support rapid response to accidental spills, the club has recently invested in an upgraded spill kit that is clearly labelled and located in an accessible position for use by members, volunteers and staff if required.

The club also follows RYA Green Blue guidance on antifouling management. Maintenance of club boats is carried out in accordance with the principles of 'Protect, Collect, Dispose' to minimise the release of harmful substances

into the environment. Information promoting these best practices is displayed around the club and shared with members as part of ongoing environmental communications.

As part of the club's Environmental Strategy, Emsworth Sailing Club has researched the environmental impacts of sunscreen products and identified non-toxic alternatives that are less harmful to marine ecosystems. Information and guidance on the use of non-toxic sunscreens has been shared with members through the weekly newsletter, club noticeboards and the club website, helping to raise awareness of simple actions that can reduce pollution entering Chichester Harbour.

Emsworth Sailing Club also supports local initiatives aimed at improving water quality. In partnership with Harbour Oysters, a pilot oyster basket has been installed beneath the drying pontoon at Emsworth. The oysters are currently thriving and are being monitored as part of an ongoing project exploring the role of oyster filtration in supporting healthier coastal waters. Water quality monitoring is continuing alongside the project.

Together, these initiatives demonstrate the club's commitment to preventing pollution and supporting the long-term health of Chichester Harbour.

Evidence

- Upgraded spill kit purchased and installed.
- Spill kit clearly labelled and accessible to members and staff.
- Club boat maintenance follows RYA Green Blue "Protect, Collect, Dispose" antifouling guidance.
- Antifouling best practice information displayed and shared with members.
- Research undertaken into non-toxic sunscreen alternatives.
- Non-toxic sunscreen guidance shared through weekly newsletter, club noticeboards and website.
- Partnership established with Harbour Oysters.
- Pilot oyster basket installed beneath Emsworth pontoon.
- Ongoing water quality monitoring associated with oyster project.



[Live link to Emsworth SC newsletter](#)
– Have you spotted the fish?



[Live link to Emsworth SC newsletter](#)
– Environmentally responsible sun protection



Environmental Stewardship

Best Practice 16 Increase Awareness of Wildlife and Habitat Protection

Emsworth Sailing Club actively promotes awareness of the sensitive habitats and wildlife that make Chichester Harbour an internationally important coastal environment.

Environmental guidance is provided to both members and visitors, helping to encourage responsible behaviour on and off the water.

The club's member, visitor and race management guidelines include information on local wildlife, habitat protection and best practice when

using the harbour. This guidance is provided to sailors, visitors and RIB crews, helping to minimise disturbance to wildlife and promote responsible behaviour on and off the water. It includes information on avoiding sensitive nesting bird areas, particularly during key breeding seasons, and respecting designated conservation zones.

To help prevent the spread of invasive non-native species, the club promotes the RYA Green Blue biosecurity guidance, including the 'Check, Clean,

Dry' campaign. Information is displayed around the clubhouse and shared with members to encourage the cleaning and inspection of boats, launching trolleys and equipment when travelling between sailing venues.

The club also works with local environmental partners, including Chichester Harbour Conservancy and Harbour Oysters, to raise awareness of initiatives that support water quality and marine habitat restoration within Chichester Harbour.

Evidence

- Environmental guidance provided to members, visitors and race management RIB crews.
- Information provided on protecting local wildlife and sensitive nesting bird areas.
- RYA Green Blue 'Check, Clean, Dry' guidance promoted throughout the club.
- Environmental information displayed on club noticeboards.
- Partnership with [Harbour Oysters](#) used to raise awareness of habitat restoration and water quality initiatives.
- Wildlife and habitat protection messages shared with members and visitors.

Welcome to Emsworth Sailing Club

Information for the event

Environmental Stewardship
Emsworth Sailing Club is committed to protecting the natural environment and promoting sustainable practices throughout all club activities and are proud to be hosting a clean regatta. Our location within Chichester Harbour, one of only 46 National Landscapes in the United Kingdom, makes this commitment especially important.

For the Junior Regatta, the Club will be applying for the prestigious Sailors for the Sea Clean Regattas accreditation. We ask all competitors, club members and visitors to support this initiative and help minimise the environmental impact of the event.

Representatives from the Club will be available throughout the event to support competitors and visitors in following environmentally responsible practices. By working together, we can help protect the harbour environment and demonstrate good stewardship both on and off the water.

Participants, visitors and members are:

- Asked to respect wildlife and protect the environment within Chichester Harbour. Please keep clear of nesting birds, seals and sensitive habitat areas.
- Encouraged to walk, cycle, use public transport or car share wherever possible when travelling to Emsworth Sailing Club.
- Encouraged to minimise engine use where practical and avoid unnecessary idling within the harbour.
- Encouraged to support sustainable boating initiatives including The Green Blue Boating Pledge and the Sailors for the Sea Green Boating pledge.

Please help our coastal birds

Did you know?

- Fowley Island is one of the few sites in Chichester Harbour where coastal birds breed
- Disturbance can cost birds a whole day's feeding energy
- Wildlife disturbance is an issue year-round
- Wildlife is most sensitive in quieter areas
- Flapping sails scare birds as they resemble predators
- Dragging equipment damages habitat
- Kayakers can help by keeping a low paddle angle
- Paddleboarders can help by kneeling and keeping a low profile

We can all help by avoiding Fowley Island

- From April to early August as birds are breeding
- From November to April as birds are resting

For more information, visit [www.conservancy.co.uk](#) and [www.birdaware.org](#)

With thanks to RYA, Chichester Harbour Conservancy and Bichie Armitage, Bird Aware Sailor



[harbouroysters.com](#)



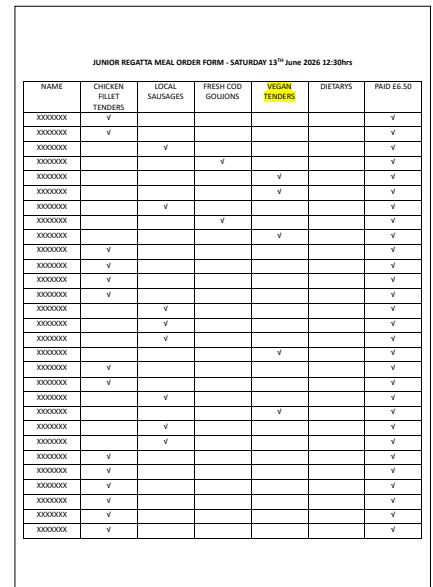
Best Practice 17

Offer Vegetarian and Vegan Alternatives

For the Emsworth Junior Regatta, competitors selected their lunch choices during registration through a pre-order system. The menu included vegetarian and vegan alternatives alongside standard options, allowing participants to choose meals that met

their dietary preferences and helping the caterer prepare appropriate quantities in advance. This approach supported both inclusivity and food waste reduction by matching catering provision more closely to demand.

- Vegetarian and vegan options available through the club catering service.
- Meal choices pre-ordered during junior regatta registration.
- Vegetarian and vegan alternatives included on the event menu.
- Pre-order system used to improve catering accuracy and reduce waste.





Climate Awareness

Best Practice 18 Promote Alternative Transportation

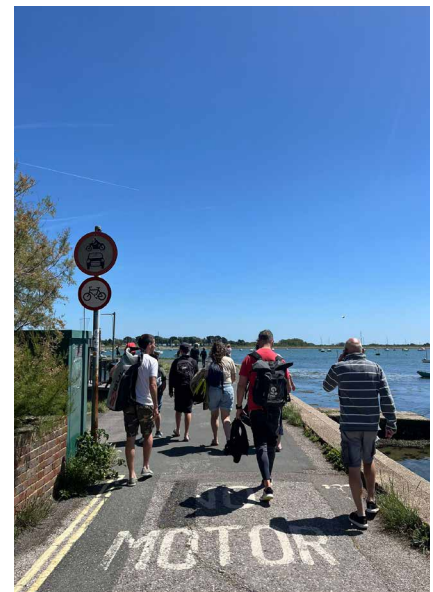
Emsworth Sailing Club encourages members and visitors to consider sustainable travel options where practical. As a small club with limited parking capacity, walking, cycling and car sharing have long been encouraged as part of club culture, particularly for local members travelling to and from club activities and events.

Recognising that sailing equipment and clothing can make alternative transport more challenging, the club promotes car sharing as a practical way of reducing the number of vehicle journeys associated with sailing activities.

To support this approach, the club has updated its member and visitor guidelines to include information on sustainable travel choices and the environmental benefits of reducing vehicle use. This guidance was available to participants attending the Emsworth Junior Regatta and forms part of the club's wider commitment to reducing its environmental impact.

Evidence

- Walking and cycling encouraged where practical.
- Car sharing promoted for members, volunteers and event participants.
- Limited on-site parking supports consideration of alternative travel options.
- Sustainable travel information included within updated member and visitor guidelines.
- Environmental travel guidance communicated to regatta participants.





Climate Awareness

Best Practice 19 Reduce Day of Emissions

Emsworth Sailing Club has reviewed race management and safety boat operations to minimise fuel use and reduce emissions during on water activity where operationally feasible.

Updated race management and safety boat guidelines recognise that engines cannot be switched off while on the water due to tidal conditions within Chichester Harbour and the safety requirements of rescue operations. However, within these constraints, measures are taken to reduce unnecessary engine use wherever possible.

Race management and safety boat operations are conducted in accordance with Chichester Harbour speed restrictions. By limiting wash and wake, these measures help protect sensitive coastal habitats from erosion and disturbance while maintaining safe conditions for sailors, paddlers and other harbour users.

Where conditions and race management allow, the club prioritises the use of existing harbour fixed marks rather than deploying additional laid marks. For the majority of fleets at the Emsworth Junior Regatta, harbour fixed marks

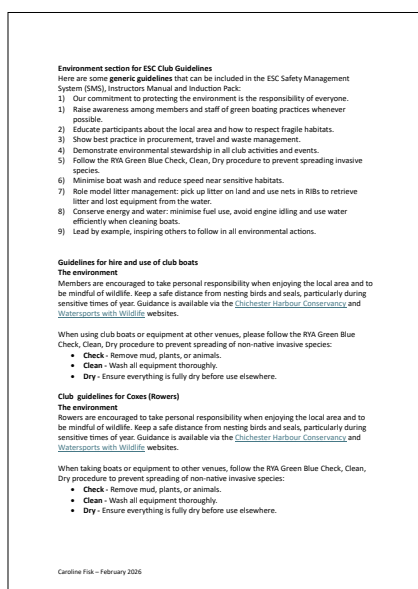
were used to reduce the need for additional mark laying and retrieval.

Temporary marks were only deployed for the junior regatta fleet of less experienced sailors, who were kept closer to the club area for safety due to wind conditions. This approach ensured a balance between safety, accessibility and minimising on water activity.

Trials of alternative technologies, including robotic marks, have also been explored within the harbour, although their use remains limited at present due to strong tides.

Evidence

- Updated race management and safety boat guidelines include emissions awareness.
- Chichester Harbour speed restrictions followed to minimise wash, protect shoreline habitats and support safe harbour use.
- Use of harbour fixed marks wherever possible to reduce additional boat movements.
- Limited use of temporary marks only for junior regatta fleet near the club.
- Operational constraints recognised regarding engine use due to tidal conditions and safety requirements.
- Exploration of alternative mark technologies such as robotic marks.





Climate Awareness

Best Practice 20 Inspire Future Action

Emsworth Sailing Club used the Emsworth Junior Regatta as an opportunity to encourage ongoing environmental engagement and inspire future action among members, competitors and visitors.

Posters featuring QR codes from Sailors for the Sea and The Green Blue were displayed at the club during the event and remain permanently available

within the clubhouse and on the club website. These resources provide access to environmental guidance and allow individuals to make personal environmental pledges, supporting continued awareness beyond the regatta itself.

Participation in the Clean Regattas Best Practices has also informed the club's wider Environmental Action

Plan. This plan has been developed using the 11th Hour Racing Toolbox model as a guiding framework, which has helped structure the club's environmental strategy and prioritise actions. Several actions identified through the accreditation process have already been incorporated into club planning, while others have prompted further review and development of sustainability initiatives.

Evidence

- Sailors for the Sea and The Green Blue posters displayed during the regatta.
- QR codes provided to access environmental guidance and pledge platforms.
- Posters retained permanently within the clubhouse and on the club website.
- Clean Regattas Best Practices informed updates to the club Environmental Action Plan.
- Ongoing review of sustainability initiatives prompted by accreditation process.





“

The Emsworth Junior Regatta demonstrated that successful racing and environmental responsibility go hand in hand. We hope the actions described in this report will inspire continued progress both within our club and across the wider sailing community.”

Simon Langford
Honorary Sailing Secretary
Emsworth SC



Emsworth Sailing Club
55 Bath Road
Emsworth
PO10 7ES
United Kingdom

Tel. +44 (0)1243 372 850
emsworthsc.org.uk

Company no: 14957451
© Emsworth Sailing Club 2026. All rights reserved.