

Action 1 – Eliminate Single Use Water Bottles and Provide Water Refill Stations

Single use water bottles were eliminated through no single use bottles being provided at the event. Sailors and visitors were informed of the availability of water refill stations onsite and encouraged to come with their reusable water bottles.



Action 2 – Eliminate Plastic straws

Image below shows the press release from the UK Government on their ban on the supply and use of Plastic straws since 1st October 2020.



[Home](#) > [Environment](#) > [Marine](#) > [Marine protection and wildlife](#)

Press release

Start of ban on plastic straws, stirrers and cotton buds

Ministers continue fight against plastic waste to protect natural environments and marine wildlife.

From: [Department for Environment, Food & Rural Affairs](#) and [The Rt Hon George Eustice MP](#)

Published 1 October 2020



Every year in England we use 4.7 billion plastic straws, 316 million plastic stirrers and 1.8 billion plastic-stemmed cotton buds. Credit: Marine Conservation Society.

Related content

[Carrier bag charge: summary of data in England](#)

The ban on supplying plastic straws and stirrers and plastic-stemmed cotton buds has come into force in England today (Thursday 1 October), marking yet another major step in the Government's fight against single-use plastic waste to protect our environment and clean up our oceans.

Just one month after ministers confirmed the single-use plastic bag charge would be increased to 10p and extended to all retailers, today's commencement of the ban will further ensure the country builds back greener.

It is estimated [we use 4.7 billion plastic straws](#), 316 million plastic stirrers, and 1.8 billion plastic-stemmed cotton buds in England every year, many of which find their way into our ocean. By banning the supply of these items, we can further protect our marine wildlife and move one step closer to our ambition of eliminating all avoidable plastic waste, [as set out in our 25 Year Environment Plan](#).

Action 3 – Serve Food with Plastic Free Dinnerware

Rutland Sailing Club had one restaurant which only using metal reusable dinnerware.



For the event, there was also a BBQ serving quicker food for competitors. These needed no dinnerware meaning no single use plastic was used for the catering in the whole venue and event.

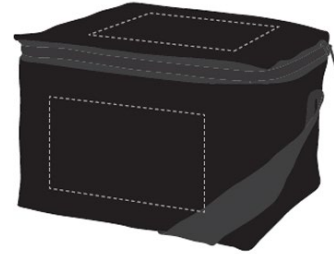
Action 4 – Skips Bags or Go Reuseable

Volunteer packed lunches were provided in paper bags from the catering team. Most volunteers were given re-useable lunch bags by us at previous event and continued using them proving the effectiveness of the idea.



PRINTING CONCERNS:
SMALL DETAILS
MAY FILL IN

ACTUAL ARTWORK SIZE:



TOP OF THE BAG



FRONT OF THE BAG



No plastic bags were handed out or used at the event.

Action 5 – Award Practice items or Use a Perpetual or Upcycled Trophy

All trophies are re-used from previous years; names are just engraved into the plaques.



The medals do not have a date or venue on them so therefore can be used year after year. It is only the medal ribbon that has the date on, and a minimum order is placed for these each year. Medals are made from metal (not plastic).

Action 6 – Publicise Your Sustainability Efforts

Photo below from Social Media Post. This was posted on the RYA British Sailing Pathways and The Green Blue Instagram and Facebook accounts.

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The Green Blue and British Sailing P...
4d · ⚙️

The Eric Twiname Junior Championship is happening this weekend!

Join the RYA Green Blue team for a range of activities... 📌

♻️ Green Blue Deposit Bin:
All week long, we'll have a collection bin for unwanted or used sailing kit and equipment. Items donated will be passed to our partners, [Kitround](#) and [circularflow](#) helping extend the life of sailing gear and reduce waste through recycling and redistribution.

🗓️ Green Blue Talks – Saturday & Sunday (1:00–1:45pm):
These sessions will explore 📌

- What the Green Blue programme is and how it supports sustainable boating
- The challenges of recycling sailing kit and how the RYA is tackling them
- How to prevent the spread of invasive species
- Water quality issues and the RYA's role in the Clean Water Sport Alliance

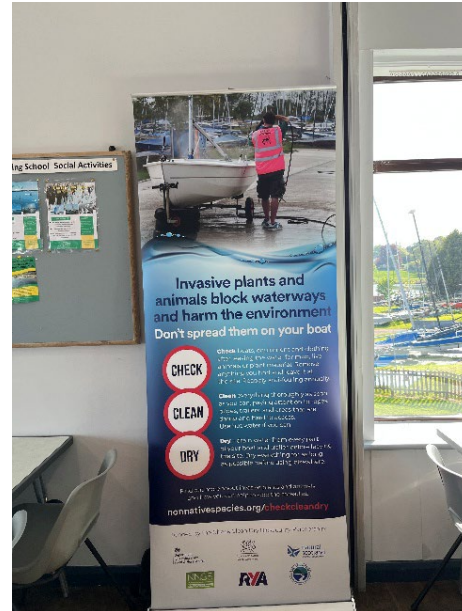
🚣 Dinghy Park Clean – Sunday (2:00–3:00pm):
Get involved in our Dinghy Park Clean at [Rutland Sailing Club](#) and help minimise the environmental impact of the event. Drop in for a quick litter pick—every little helps, and it's a great opportunity to get some fresh air!

[#ETChamps](#) [#RYAGreenBlue](#)



Action 8 – Post Educational and Reuseable Signage

The image below showcases the Check, Clean, Dry signage throughout the event venue reminding sailors to wash down before and after getting off the water.



As well as Rutland Sailing Club having pre-existing signage for the Check Clean Dry on their washdown station and at the top of all the slipways.



The photography below features The Green Blue Boating Pledge banner set up at the event venue to encourage sailors, volunteers and spectators to commit to sustainable boating practices.



To promote circularity, the kit and equipment deposit bin and information poster were at the club for the whole event. In the event marquee for registration then moved into the club house for the rest of the event to ensure visibility.





Action 9 – Serve Local food or Source Seafood Sustainably

Email below from Rutland Sailing Clubs Commodore outlining how there catering suppliers are based in Lincolnshire so local to the club venue.



Commodore Rutland Sailing Club <commodore@rutlandsailingclub.co.uk>

To: Alice Lucy



You don't often get email from commodore@rutlandsailingclub.co.uk. [Learn why this is important](#)

Hi Alice

Catering at RSC

All our food offerings do allow for all dietary requirements and allergies.

Our food is sourced from national catering suppliers Pilgrim Foods although they are based in Lincolnshire so could be considered for locally sourced.

Hope this helps with your report.

Many thanks
Alex

Action 10 – Organise a Green Team

RYA sustainability team supported by volunteers.



Action 11 – Ensure Proper Waste Bin Placement and Signage

The images below depict a series of bins at the event venue designated for general waste, recyclables and hazardous materials such as oil and fuel.



Sailors and visitors were also encouraged to adhere to signages for proper waste disposal.

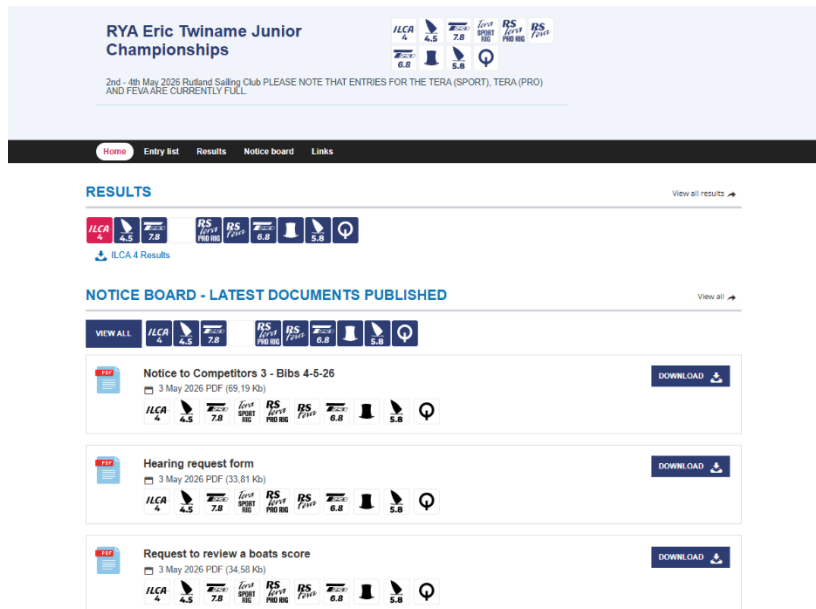
Action 12- Divert Food Waste from Landfill

Lunch was provided for volunteers on shore to reduce the amount of waste. Volunteers were given a choice of sandwich options to ensure they did eat the lunch. Lunches were only made for the specific number of volunteers daily at the event to reduce food waste.

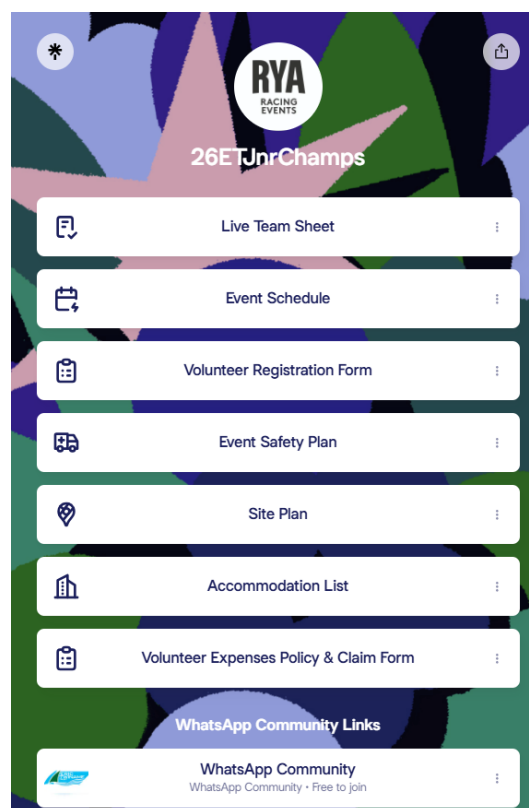


Action 13 – Use Paperless Event Management

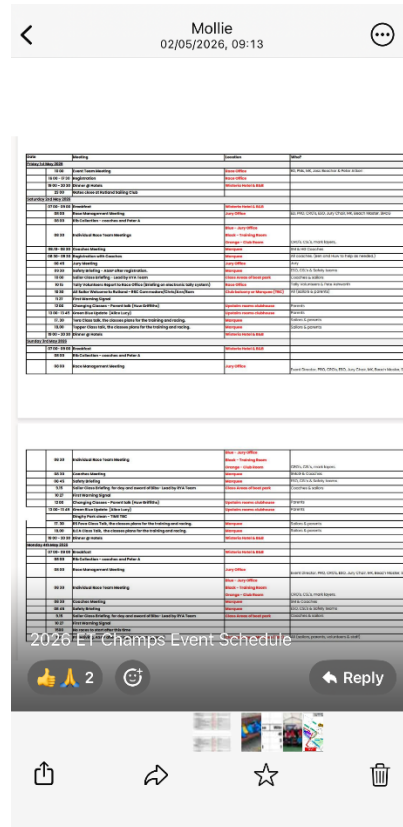
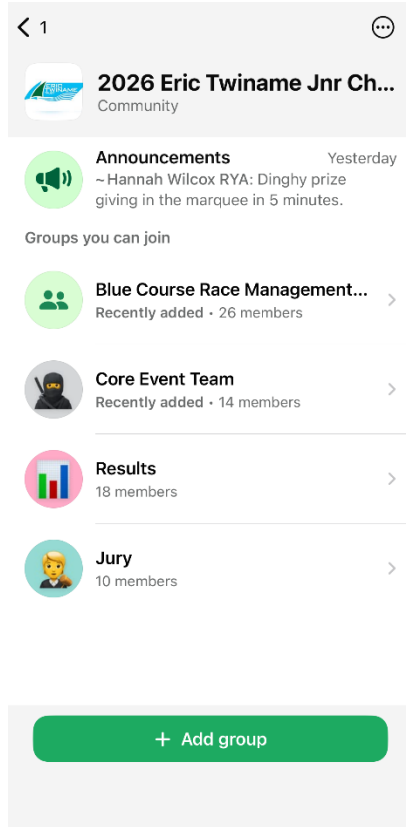
The entry system and Official Notice Board was all on a dedicated Eric Twiname Junior Championships website. No Sailing Instructions (or NoR) were printed for competitors or volunteers. A few QR codes were used at the venue to direct sailors and volunteers to correct sites.



Linktree was used for event management to share information with volunteers and staff



WhatsApp was used to communicate with volunteers and parents for the event. The Green Blue talks and Dinghy Park clean were communicated on these groups as well as in the event schedule posted in the groups.



A paperless tally system was used with all sailors being given a reuseable Talley token which they could electronically scan in and out when tallying, improving speed and safety of the event.



Action 14 – Host A Beach Clean or Marine Clean up

The Green Team and volunteers partaking in a Dinghy Park Clean at the event. Run by the RYAs Environmental Programmes Officer.

Around 15 parents and volunteers took part, and three bags of recycled and general waste bags were collected.



Action 15 – Prevent Toxins from Entering the Water

The fuelling station at the club is equipped with an integrated drip spill containment system ensuring environmental safety and cleanliness.

All RIBs at the event had a spill kit onboard.

The photographs below depict a comprehensive spill containment kit strategically positioned near the fuelling dock to promptly and efficiently address any accidental discharge that may occur during the refuelling process.



Action 16 – Increase Awareness of Wildlife and Habitat Protection

Information on the Check Clean Dry process was given to sailors and parents to help protect wildlife and habitats as well as increased awareness of invasive species.

Rutland Sailing Club website also provides guidance on the Check Clean Dry procedure on its events pages. As well as the club having pretexting signage attached to their washdown station.

Check, Clean & Dry Procedure for Visiting Boats



Check, Clean & Dry Procedure for Visiting Ribs, Dinghies & Cruisers

In order to comply with Anglian Waters' byelaws for Rutland Water all visiting boats must:

- BEFORE ARRIVING at Rutland Sailing Club: comply with the CHECK, CLEAN & DRY procedure (see below), and
- BEFORE LEAVING the site: Wash your boat: wash stations are located at the cruiser park, the main gate, and the boatswain's workshop.

The Check - Clean - Dry procedure is as follows:

- **CHECK:** Check your equipment and clothing for living organisms. Pay particular attention to areas that are damp or hard to inspect.
- **CLEAN:** Clean and wash all equipment, footwear and clothes thoroughly, use hot water where possible. If you do come across any organisms, leave them at the water body where you found them. (Cleaning & washing must be done away from Rutland Water when visiting the club).
- **DRY:** Dry all equipment and clothing - some species can live for many days in moist conditions. Make sure you don't transfer water elsewhere.



The Green Blue talks on both Saturday and Sunday covered:

- Invasive species prevention
- Water quality issues and the RYA's role in the Clean Water Sport Alliance

Both topics were discussed in relation to preserving and protecting local wildlife and habitats. Such as the reintroduction of Ospreys to Rutland Water and Sykes Lane Bathing Beach which is a designated bathing water and Blue Flag winner.



Action 17 – Offer Vegetarian or Vegan Alternatives

Vegetation options were shown on the breakfast menu. Lunch and dinner options all had vegetarian options available as well. Vegan options were available upon request. Photo shows the vegetation option available on the breakfast menu.

Chalk boards were also used by the club to ensure the menus could be updated regularly and not waste resources.



The email below from the Commodore of Rutland Sailing Club outlines all the food offerings at the club allow for vegan and vegetarian options.



Commodore Rutland Sailing Club <commodore@rutlandsailingclub.co.uk>

To: Alice Lucy



You don't often get email from commodore@rutlandsailingclub.co.uk. [Learn why this is important](#)

Hi Alice

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All our food offerings do allow for all dietary requirements and allergies.

Our food is sourced from national catering suppliers Pilgrim Foods although they are based in Lincolnshire so could be considered for locally sourced.

Hope this helps with your report.

Many thanks
Alex



Action 18 – Promote Alternative Transport

Sailors and volunteers were encouraged to share transport to and from the event and asked to consider how they would travel to the venue each day if staying locally.

Sailors and visitors were also encouraged to use lower carbon alternative and local accommodation options in the pre-event communications. Photo from Rutland Sailing Club website detailing the accommodation available on-site removing transport during the event.

Accommodation

We do have on site bunk house accommodation, if you wish to book a bed or a room then please contact Kirsty at Rutland Sailing Club on 01780 720292. Payment requested on booking. The cost of a bed is £32 or £36 for the weekend if you take the en-suite option.

Camping is available in a campsite opposite RSC. To book a pitch please go to www.rutlandwatercampsite.co.uk



Action 19 – Reduce Day of Event Emissions

The exact number of ribs and vessels were booked from the club or brought externally to manage the number of boats on the water.

RIB drivers were educated on sustainable boating practices such as turning off engine when anchored and reducing throttle to lower carbon emissions.

Sailors and visitors were also encouraged to use lower carbon alternative and local accommodation options in the pre-event communications.

Rutland Sailing Club has 10 rooms on site of different sizes (bunk rooms). Onsite there is also Campervan parking, providing competitors with accommodation so they need no transport during the event.

Photo from Rutland Sailing Club website detailing the accommodation available.

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Camping is available in a campsite opposite RSC. To book a pitch please go to www.rutlandwatercampsite.co.uk

Across from the club there is a Campsite with both tent and campervan spaces which again provides a low cost no travel option for accommodation for the event. The Campsite website had direct links for booking for the ET weekend.



Welcome to Rutland Water Campsite

Idyllic sheltered site, located next to the Sailing Club on the South shore of Rutland Water.

[BOOK NOW](#)

About Rutland Water Campsite

Our camping season runs from Mid March until End of October

An established and well maintained grass field, set just off the famous Rutland Water Cycle path and walking distance to the local shop and village pub (The Wheatsheaf in Edith Weston. Our basic facilities include; mains water supply, rubbish disposal point and a chemical toilet emptying point.

Please note and respect the following campsite rules:

- Generators only to be used between 10am - 1pm
- No electric hook up point
- No campfires or open fires allowed
- No boat or boat trailers permitted on the site at weekends.
- Noise to be kept to a minimum after 10pm.

Online bookings only available for sailing club members otherwise email - Rutlandwatercampsite@outlook.com
telephone - +44 7989 585 723

[Book Now \(Members Only\)](#)

PLEASE NOTE we do not offer toilet, showers or electrical hook up facilities. For this reason if you wish to camp in a tent, you must be a member of the Rutland Sailing Club to use their toilet and shower facilities. If you are not a member, you can join the club on a temporary basis for the duration of your stay with the proviso that you must be launching a boat or a windsurfer, booked in on a course or entering an event at the club. This must be arranged prior to your arrival. Visit their website [Rutland Sailing Club](#) or call them on +44 1780 720292.



Key Sailing Events:

ET Championships

03/05/25 - 05/05/25

[Book Now](#)

Wayfarer Cruising Conference

28/03/25 - 30/03/25

[Book Now](#)

K1 Nationals

05/07/25 - 06/07/25

[Book Now](#)

Action 20 – Inspire Future Action

Staff, Volunteers and Sailors were encouraged to take The Green Blue Boating Pledge to Respect, Protect, and Enjoy for cleaner, healthier waters.



We had deposit bins set up at the event to collect old wetsuits for recycling diverting them from going to landfill and sailing kit that could be redistributed.



The RYA's Environmental Programmes Officer, delivered Green Blue talks on both Saturday and Sunday from 1:00–1:45pm. These sessions covered

- What the Green Blue programme is and how it supports sustainable boating
- Kit and equipment recycling challenges, and how the RYA is addressing them
- How to prevent the spread of Invasive Species
- Water quality issues and the RYA's role in the Clean Water Sport Alliance

