

# Sailors for the Sea Clean Regatta Platinum Level Sustainability Report



## Marblehead Junior Race Week

07/24/2023

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## 1. Eliminate Single-Use Water Bottles and Provide Water Refill Stations:



We provided a shaded water cooler station which was easily accessible by all sailors. The multiple coolers were refilled throughout each day of the regatta. In addition, there was a drinking water faucet close to the launch area.



## 2. Eliminate Plastic Straws:



The reduction of plastic waste — from drinking straws to water bottles to food cutlery — was a central tenet of our sustainability messaging, both before and during the regatta. Notifications emailed out to sailors and their families included a reminder on this and during the regatta, we had numerous signs reminding those participating of this obligation.

### 3. Serve Food with Plastic-Free Dinnerware:



Our food vendor provided cutlery made of plant-based compostable material. Furthermore, we reduced our use of plates and provided sandwiches and wraps in compostable bags rather than on plates.

### 4. Use or Provide Reusable Bags:

As described above, we provided sandwiches and wraps in compostable bags. We did not provide bags for any merchandise or trophies.



## 5. Award Practical Items or Use a Perpetual or Upcycled Trophy:



As per previous years' we worked with a vendor who used either recycled or FSC certified-wood materials to make trophies.

## 6. Publicize Your Sustainability Efforts:



### NOTICE OF RACE (NoR) & SAILING INSTRUCTIONS (SIs)

#### **Optimist, C420, ILCA 4 & ILCA 6 Classes**

(Issued 5/4/23)

### **MARBLEHEAD JUNIOR RACE WEEK 2023**

**JULY 24-26, 2023**

*The organizing authority (OA) is the PLEON Yacht Club, supported by the Boston, Corinthian, Eastern and Manchester Yacht Clubs*

#### **24 TRASH DISPOSAL**

- 24.1 [DP] This event is designated as a **CLEAN** REGATTA by the Sailors for the Sea Organization. By entering, all competitors shall abide by **CLEAN** REGATTA "Best Practices".

Pleon Yacht Club is proud to host MJRW as a **Clean Regatta** through Sailors for the Sea. We have sought a high-level certification for more than 15 years, but it does come at an added cost to Pleon. Would you please consider making a donation to help support our efforts to not only educate our sailors and coaches on the importance of sustainable practices, but to also execute a truly "Clean Regatta"? Thank you kindly! - no amount is too small! Please find more information here <http://www.sailorsforthesea.org/programs/clean-regattas>.

We advised sailors and their families in the Notice of Race as well as the Pleon website that this was a Clean Regatta with links to Sailors of the Sea. Separate to that, we also have our own Sustainability page on the Pleon homepage (<https://pleon.org/sustainability-1649853630761>).

## 7. Involve Local Organizations:

We partnered with two local organizations focused on sustainability and reducing environmental impacts in the ocean.

On Day 2, Fehr Gillett of Sustainable Marblehead joined us and gave a presentation on ocean plastic pollution in the ocean to our Green Team. The sailors took part in an exercise to sort the top 10 items collected during coastal cleanups and then to list the ways to prevent plastic pollution, including eliminating the use of single-use plastics, recycling more plastic, participating in beach cleanups, and using reusable water bottles and snack containers.



This was followed by Chris Marchese of Salem Sound Coastwatch who spoke about the stormwater runoff in coastal environments and the effects of impervious surfaces and increasing urbanization. Chris used a very innovative model to demonstrate watersheds and techniques to protect them.





In addition to the above two environmental organizations, we also used local vendors for our services.

## 8. Post Educational and Reusable Signage:

We utilized the same sustainable, reusable signage from the previous year's regatta. At the end of the 2023 regatta, this was all stored for next year.



## 9. Serve Local Food or Source Seafood Sustainably:



We only served food from local vendors: Bagel World in Salem and Vesuvius Pizza, Maria's and Baja Taco Truck, all from Marblehead. The vendors were all advised that we did not want plastic straws to be used. Similarly, we only provided compostable utensils that had been purchased for the previous year. Vegetarian and vegan options were offered to the sailors.



## 10. Organize a Green Team:



We have a committed Green Team, several of whom have been volunteering for many years! Prior to the Regatta, they took part in the beach clean-up and during the regatta itself, they were very pro-active in



sweeping the site throughout the day to pick up any misplaced garbage or food waste. The Green Team took part in the exercises organized by the local environmental organizations who presented during the Regatta.

## 11. Ensure Proper Waste Bin Placement and Signage:







We placed 9 waste stations around the site: 5 on the slipway leading down to the water and 3 in the set-up and rigging area. Each waste station consisted of at least two bins: one for recycling and another for landfill waste. Several waste stations also had compost bins (see below).

## 12. Divert Food Waste from the Landfill:



We had compost bins placed at 5 of the 9 waste stations onsite. Those stations nearest to the food vendors had compost bins and a compost bin was also placed in one of the last waste stations before the sailors entered the water. The compost bins were picked up when full by a local waste compost company.



## 13. Use Paperless Event Management:

 PLEON YACHT CLUB

REGATTA

### Marblehead Junior Race Week 2023

 Jul 24, 2023 - Jul 26, 2023

[VIEW RESULTS](#)



 Pleon Yacht Club

Marblehead

#### NOTICE BOARD



 PLEON YACHT CLUB

**ALL COACHES NEED TO REGISTER FOR THIS EVENT.** Coach registration is free.

First established in 1889, Marblehead Race Week takes place the last full week of July. The Juniors race Monday, Tuesday, Wednesday (24th - 26th 2023), with hundreds of sailors ages 8 to 18 competing in Optimists, C420s and Lasers. Pleon hosts this historic event each summer with race management help from The Boston, Corinthian, Eastern and Manchester Yacht Clubs. It is a great way for the kids to experience sail racing for the first time. Fun and friendship are key in this event.

Please send all questions/emails to [jrw@pleon.org](mailto:jrw@pleon.org)

Cancellation deadline is July 14, no refunds will be made after this date.

Regatta fees are \$140 per person until July 10.

Starting July 11 to July 20 at 7:00pm, regatta fees are \$160 per person.

With registration parents/guardians agree that photos of their children may be posted on social media.

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Skipper shall not have reached their 19th birthday as of December 31, 2023.

Please find event merchandize [here](#) or order with the [Marblehead Sportshop](#)

DOCUMENTS		UPLOADED
Course Map MJRW 2023	<a href="#">VIEW DOCUMENT</a>	Jul 23 2023, 10:07 AM
Amendment #1 NoR and SIs MJRW 2023	<a href="#">VIEW DOCUMENT</a>	Jul 23 2023, 10:05 AM
NoR and SIs MJRW 2023	<a href="#">VIEW DOCUMENT</a>	May 19 2023, 3:16 PM
MJRW 2023 Waiver and Code of Conduct	<a href="#">VIEW DOCUMENT</a>	May 5 2023, 1:50 PM



As in previous years, ClubSpot was used to promote the race and post information and notifications. Email circulars were also sent out by race organizers.



## 14. Host a Beach or Marina Clean-up:



As with previous years before the Regatta, the Pleon Green Team conducted a beach clean-up of the beach area in front of the Eastern Yacht Club. This year, we used the NOAA Marine Debris Monitoring and Assessment Project (MDMAP) process to identify and record our findings. The Green Team separated the marine debris they recovered into the categories specified in the MDMAP (plastic, metal, glass, rubber, processed wood, fabric and other). Furthermore, the Green Team weighed the beach debris, which we recorded as 2.26 kg (5 pounds) from the beach itself and an additional 0.68kg (1.5 pounds) from waste gathered in and around the Pleon site above the strand line.



## 16. Increase Awareness of Wildlife and Habitat Protection:



As well as our signage which highlighted the issues around plastic pollution, both the Sustainable Marblehead and Salem Sound Coastwatch visits focused on the impacts to coastal and ocean ecosystems from plastic, surface runoff and other pollutants. The presentations and discussions highlighted techniques to prevent contamination, reduce impact and protect wildlife and flora.

## 17. Offer Vegetarian or Vegan Alternatives:

We ensured that each food vendor offered a vegetarian or vegan option.

## 18. Use Eco-Smart Race Management Techniques:



No bow stickers or identifying markers were offered that could end up as marine litter.

## 19. Prevent Toxins from Entering the Water

The wash downs were done with fresh water only.

## 20. Encourage Green Boating Practices

We made all sailors aware of Sailors for The Sea and that we were a Clean Regatta. We asked sailors to make a pledge. We also streamlined the number of judge and safety boats. All boats were encouraged to tie up to a buoy and cut engines instead of idling.